

## **Compendium of Resources on COVID-19 Developed by Astra Zeneca.**

### **Telemedicine**

- Association of Diabetes Care & Education Specialists: [Resource Hub](#); [10 Tips to Prepare for a Telehealth Appointment](#)
- American Kidney Fund: [Administration expands use of telehealth in Medicare in response to COVID-19 outbreak](#); [Telework, telehealth and the \(temporary\) new normal with coronavirus](#)
- diaTribe: [Top Nine Tips for Diving Into Telemedicine With Your Doctor COVID-19](#); [Diabetes Care During COVID-19: The Power of Telemedicine](#)
- Take Control of Your Diabetes: [Resource Hub](#); [Virtual Visits With Your Doctor – Pants Optional!](#)

### **Health Equity**

- Association of Black Cardiologists: [Resource Hub](#); [At The Heart of The Matter: Unmasking the Invisibility of COVID-19 in Diverse Populations](#)
- Know Diabetes By Heart: [Culture and care in managing diabetes and heart health](#)
- Latino Coalition for a Healthy California: [COVID-19 Guidance for Immigrant Californians](#)
- [Spanish Version](#)
- National Black Nurses Association: [Coronavirus: A Primer for Communities of Color](#)

### **Patient Community Connections**

- American Diabetes Association: [Resource Hub](#); [Community Support](#)
- Association of Diabetes Care & Education Specialists: [The Importance of Peer Support](#) and [Learn, Connect, Engage](#)
- American Heart Association: [Resource Hub](#); [Coronavirus Live Chat & FAQ page](#)
- National Kidney Foundation: [Resource Hub](#); [Coping & Support](#)
- Mended Hearts: [Resource Hub](#); [Online Discussion Board](#)
- WomenHeart: [Resource Hub](#); [Virtual Support](#)

### **Healthy Living**

- American Diabetes Association: [Tips and Recipes to Stay Healthy While Staying Home](#)
- American Heart Association: [Resources to maintain healthy lifestyle amidst COVID-19 outbreak](#); [Healthy for Good: Recipes](#)
- American Kidney Fund: [Resource Hub](#); [Tips for a kidney-friendly pandemic pantry](#)
- diaTribe: [Coping with COVID-19, Part 1: Eating, Meds and Activity](#); [Hunkering Down: COVID-19 and Advice on Food for the Long Haul](#)
- Heart Failure Society of America: [Resource Hub](#); [Stocking Your Shelves to Shelter At Home – Avoiding Hidden Sodium](#)
- National Kidney Foundation: [Resource Hub](#); [Kidney-Friendly Diet & COVID-19](#)

### **Additional COVID-19 Resources**

- American Association of Clinical Endocrinologists: [Resource Hub](#)
- American Association of Kidney Patients: [Resource Hub](#)
- American College of Cardiology: [Resource Hub](#)
- American Society of Nephrology: [Resource Hub](#)
- Dialysis Patient Citizens: [Resource Hub](#)
- Endocrine Society: [Resource Hub](#)
- Kidney Care Partners: [Resource Hub](#)
- Resource Support Network: [Resource Hub](#)