# 35<sup>th</sup> National Black Nurses Day on Capitol Hill Health Equity, Reckoning & Wellness: NBNA's Renewed Call to Action

## **Criminal Justice Reform and Health Inequities**

The National Black Nurses Association supports comprehensive efforts to improve health within the criminal justice system and its devastating effects. Black medical neglect towards incarcerated black and brown individuals is a longstanding historical tragedy. NBNA calls on the 118<sup>th</sup> Congress to address criminal justice reform as a public health crisis. Criminal justice Reform and Health Inequities disproportionately impact the Black community compared to other communities, which is unacceptable.

#### **Background**

- Incarcerated individuals have high rates of chronic health conditions, including communicable diseases.
- In 2018, black Americans represented 33% of the sentenced prison population, nearly triple their 12% share of the U.S. adult population.
- One-in-twenty black men were in state or federal prison in 2018 (5,008 inmates for every 100,000 black men in this age group).
- Incarcerated individuals of both sexes are more likely to have high blood pressure, asthma, cancer, and arthritis.
- Risks for poor health outcomes are increased by engagement with the criminal justice system.
- Close to 40% of jailed inmates self-report a history of mental illness, with higher rates among black inmates.
- Recidivism is associated with increased rates of mental health conditions.
- People who were formerly incarcerated were 40 times more likely to die of an opioid overdose than someone in the general population.

### **Recommendations to Legislators**

NBNA calls upon the 118<sup>th</sup> Congress to:

- Support legislation that removes barriers of care for incarcerated individuals.
  - Providing adequate funding, enhancing the role of community health systems, and addressing stigma and discrimination are imperative to improve the health and well-being of incarcerated populations.
- Support legislation that addresses incarcerated individuals' mental health and substance abuse needs.
- Support legislation that will help develop and maintain programs for screening and treatment of substance abuse and mental health.
- Support legislation that would provide comprehensive health care services during and after incarceration.
  - o Linking people to health care services post-release will improve the health and well-being of those newly released, and those with a history of incarceration.

- Support legislation that supports cultural change in policing such as community policing models
- Repeal the 18:1 sentencing disparity between crack and powder cocaine.

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