



## PRESS RELEASE

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### **National Black Nurses Association to Host Series at the Congressional Black Caucus Foundation's 54<sup>th</sup> Annual Legislative Conference**

**Silver Spring, MD – September 22, 2025** — The National Black Nurses Association, Inc. (NBNA) will host its inaugural Nurses Series during the Congressional Black Caucus Foundation's (CBCF) 54th Annual Legislative Conference (ALC 54) on Wednesday, September 24, 2025, at the Washington Convention Center.

The series will feature two thought-provoking sessions addressing urgent national health equity priorities:

- From Side Eye to Self-Care: Making Mental Wellness the Norm

11:00 AM – 12:00 PM | Room 201

This session will explore how normalizing mental wellness creates a society where seeking help is a strength, not a stigma. Leading nurse experts will share strategies for individuals, workplaces, and institutions to prioritize emotional health just as seriously as physical health.

- Advancing Black Maternal Health: A Blueprint for Legislative Change in a Time of Uncertainty  
3:00 PM – 4:00 PM | Room 144A

This session will highlight the urgent need for legislative reform and systemic solutions to address the Black maternal health crisis. Speakers will outline policy strategies to ensure every birth is met with dignity, safety, and equity.

“NBNA is committed to ensuring that Black nurses have a strong presence at this year's CBCF meeting, advocating for policies that improve health outcomes for historically underserved communities,” said Dr. Sheldon D. Fields, President of the National Black Nurses Association. “Through these sessions, we are amplifying the voices of nurses who are on the frontlines of care and policy change.”

Each session offers 1.0 Continuing Education credit (CE) and will feature nationally recognized nurse leaders and health policy advocates.

The NBNA Series is part of ALC 54's theme, *“Made for This Moment: Power, Policy, and Progress,”* which brings together thousands of thought leaders, policymakers, and advocates to discuss critical issues impacting Black communities.

Both educational sessions are open to all CBCF attendees. NBNA especially encourages its members, partners, other healthcare professionals, and the broader nursing community to attend these sessions. Come support the work of Black nurses and engage in meaningful dialogue on advancing health equity.

For more information and to register, visit: [cbcfinc.com/alc](https://cbcfinc.com/alc)

### **About the National Black Nurses Association**

Founded in 1971, the National Black Nurses Association (NBNA) is a professional organization representing 308,000 African American registered nurses, 99,000 licensed vocational/practical nurses, and nursing students in 111 chapters and 32 states and the District of Columbia. The NBNA mission is “to serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health.” NBNA chapters offer voluntary hours providing health education and screenings to community residents in collaboration with community-based partners, including faith-based organizations, civic, fraternal, hospitals, and schools of nursing. For more information, visit [nbna.org](https://nbna.org). Follow us on [Instagram](#), [Facebook](#), and [Twitter](#).